

ESAA CROSS COUNTRY RESULTS (GIRLS)

JUNIOR

INTERMEDIATE

SENIOR

1968	1	Julie Rainford	Lancashire	1	Janet Elvins	Warwickshire	1	Norine Braithwaite	Lancashire
1968	2	Shirley Swift	Gloucestershire	2	Vivienne Booth	Warwickshire	2	Ann Barrass	Hampshire
1968	3	Susan Parry	Staffordshire	3	D. Duffin	Warwickshire	3	Jacqueline Harvey	Yorkshire
1969	1	Margaret Cope	Staffordshire	1	Mary Sonner	Hertfordshire	1	Angela Lovell	Warwickshire
1969	2	Chris Tranter	Lancashire	2	Sandra Marquis	Hertfordshire	2	April Threshire	Worcestershire
1969	3	Jane Harrison	Staffordshire	3	R. Cullen	Hertfordshire	3	Julia Savage	Somerset
1970	1	Lesley Cobden	London	1	Mary Sonner	Hertfordshire	1	Margaret Hudson	Yorkshire
1970	2	Mary Stewart	Warwickshire	2	A. Holt	Worcestershire	2	Sue Barnes	Gloucestershire
1970	3	Lesley Hone	Leicestershire	3	Christine Helsby	Lancashire	3	Julia Savage	Somerset
1971	1	Christina Boxer	Hampshire	1	Mary Stewart	Warwickshire	1	Sue Barnes	Gloucestershire
1971	2	Kay Kosbab	Middlesex	2	Margaret Cope	Staffordshire	2	Liz Connors	Lancashire
1971	3	Regina Joyce	Sussex	3	Christine Helsby	Lancashire	3	Sandra Marquis	Hertfordshire
1972	1	Helen Hill	Staffordshire	1	Shiree Hines	Essex	1	Liz Connors	Lancashire
1972	2	Janet Lawrence	Lancashire	2	Lesley Kiernan	Essex	2	Jill Poynor	Cheshire
1972	3	Jackie Priest	Buckinghamshire	3	Pam Davies	Staffordshire	3	Sandra Marquis	Hertfordshire
1973	1	Helen Hill	Staffordshire	1	Christina Boxer	Hampshire	1	Christine Helsby	Lancashire
1973	2	Anne Tunnicliffe	Staffordshire	2	Ann-Maria Robinson	Cheshire	2	Anne Pursglove	Gloucestershire
1973	3	Jackie Priest	Buckinghamshire	3	Lesley Kiernan	Essex	3	Jean Haigh	Yorkshire
1974	1	Christine Brace	Hertfordshire	1	Helen Hill	Staffordshire	1	Barbara Schofield	Cheshire
1974	2	Jane Donovan	Lancashire	2	Monica Joyce	Sussex	2	Cathy House	Lincolnshire
1974	3	Diane Cresswell	Warwickshire	3	Ann-Maria Robinson	Cheshire	3	Anne Pursglove	Gloucestershire
1975	1	Pauline Clark	Gtr. Manchester	1	Anne Tunnicliffe	Staffordshire	1	Caroline Simpson	Dorset
1975	2	Frances Jankowski	Gtr. Manchester	2	Ruth Smeeth	Surrey	2	Monica Joyce	Sussex
1975	3	Angela Pattinson	Staffordshire	3	Fiona Oldershaw	Derbyshire	3	Barbara Schofield	Gtr. Manchester
1976	1	Pauline Clark	Gtr. Manchester	1	Ruth Smeeth	Surrey	1	Janet Lawrence	Merseyside
1976	2	Angela Pattinson	Staffordshire	2	Kim Trunley	Essex	2	Helen Hill	Staffordshire
1976	3	Sonia Richardson	Gtr. Manchester	3	Bernadette Madigan	Berkshire	3	Susan Dean	West Yorkshire
1977	1	Louise Silva	Cambridgeshire	1	Sandra Arthurton	West Yorkshire	1	Julie Whiteley	West Yorkshire
1977	2	Lesley Driver	Gtr. Manchester	2	Sarah Andrews	Wiltshire	2	Wendy Smith	Surrey
1977	3	Louise Parker	Cumbria	3	Karen Stocks	Cheshire	3	Christine Brace	Hertfordshire
1978	1	Amanda Alford	Hertfordshire	1	Sandra Arthurton	West Yorkshire	1	Jo White	Surrey
1978	2	Tracey Davison	West Yorkshire	2	Julie Clarke	Hertfordshire	2	Julia Honeysett	Devon
1978	3	Paula Matheson	Merseyside	3	Karen Timson	Essex	3	Elaine Harding	Surrey
1979	1	Sarah Kerswell	Nottinghamshire	1	Linda King	Hampshire	1	Sandra Arthurton	West Yorkshire
1979	2	Karen Hughes	Essex	2	Marian Witts	Essex	2	Jackie Smith	London
1979	3	Angela Crewe	West Yorkshire	3	Karen Timson	Essex	3	Julia Honeysett	Devon
1980	1	Tonia McCullough	Cumbria	1	Karen Hughes	Essex	1	Karen Timson	Essex
1980	2	Christine Lord	West Yorkshire	2	Amanda Alford	Hertfordshire	2	Susan Lonsdale	Lancashire

1980	3	Susan Tierney	Berkshire	3	Tracy Long	Hampshire	3	Sara Harris	Warwickshire
1981	1	Sue Jordan	Bedfordshire	1	Alison Hollington	Dorset	1	Sarah Alt	Oxfordshire
1981	2	Rachel Hughes	Hampshire	2	Elise Lyon	Buckinghamshire	2	Marian Witts	Essex
1981	3	Hazel Jenner	Hampshire	3	Sharon Jefferies	Essex	3	Susan Lonsdale	Lancashire
1982	1	Sue Jordan	Bedfordshire	1	Sally Ramsdale	West Yorkshire	1	Alison Hollington	Dorset
1982	2	Rachel Hughes	Hampshire	2	Elise Lyon	Buckinghamshire	2	Sonia Vinall	Sussex
1982	3	Leisa Clements	Dorset	3	Julie Holland	Gtr. Manchester	3	Jane Wingrove	Surrey
1983	1	Lisa Reilly	Northumberland	1	Lucy Ramwell	Gtr. Manchester	1	Anna Wittekind	Kent
1983	2	Catherine Bennett	West Yorkshire	2	Wendy Wright	Derbyshire	2	Carol Haigh	West Yorkshire
1983	3	Debbie Sharp	West Yorkshire	3	Samantha Thomas	West Yorkshire	3	Sonia Vinall	Sussex
1984	1	Catherine Bennett	West Yorkshire	1	Bridget Smyth	Sussex	1	Julie Holland	Gtr. Manchester
1984	2	Rachel Jones	Lancashire	2	Diane Critchlow	Dorset	2	Lucy Ramwell	Gtr. Manchester
1984	3	Jane Scobell	Surrey	3	Lisa Reilly	Northumberland	3	Samantha Thomas	West Yorkshire
1985	1	Julie Adkin	Kent	1	Susan Riley	Derbyshire	1	Melissa Smith	Cheshire
1985	2	Lucy Field	Hereford & Worcs	2	Ruth Crowther	Gtr. Manchester	2	Wendy Wright	Derbyshire
1985	3	Debbie Scannell	Devon	3	Sarah Wilson	Humberside	3	Bridget Smyth	Sussex
1986	1	Julie Adkin	Kent	1	Helen Titterington	Leicestershire & R	1	Bridget Smyth	Sussex
1986	2	Susan Byrom	Lancashire	2	Mandy Holmes	Merseyside	2	Wendy Wright	Derbyshire
1986	3	Rebecca Evans	Cornwall	3	Maxine Newman	Leicestershire & R	3	Philippa Mason	Surrey
1987	1	Joanne Colleran	Merseyside	1	Liz Hamill	Merseyside	1	Fiona Truman	Nottinghamshire
1987	2	Gillian Stacey	Kent	2	Sharon Carter	West Yorkshire	2	Samantha Baines	Surrey
1987	3	Charlotte Mayock	South Yorkshire	3	Adele Rankin	Gtr. Manchester	3	Sian Pilling	Somerset
1988	1	Joanne Keenan	Durham	1	Sharon Willicombe	Kent	1	Andrea Whitcombe	Middlesex
1988	2	Charlotte Mayock	South Yorkshire	2	Julie Adkin	Kent	2	Maxine Newman	Leicestershire & R
1988	3	Paula Radcliffe	Bedfordshire	3	Nicola Ashe	Middlesex	3	Claire Forbes	Somerset
1989	1	Claire Allen	Leicestershire & R	1	Gillian Stacey	Kent	1	Louise Watson	Kent
1989	2	Angie Foster	Northumberland	2	Charlotte Mayock	South Yorkshire	2	Andrea Whitcombe	Middlesex
1989	3	Jeina Mitchell	Surrey	3	Paula Radcliffe	Bedfordshire	3	Catherine Healey	South Yorkshire
1990	1	Angie Foster	Northumberland	1	Jeina Mitchell	Surrey	1	Andrea Duke	North Yorkshire
1990	2	Sarah Willicombe	Kent	2	Paula Radcliffe	Bedfordshire	2	Kerry Mackay	Hertfordshire
1990	3	Vicky Russell	Bedfordshire	3	Joanne Keenan	Durham	3	Adele Rankin	Gtr. Manchester
1991	1	Vicky Russell	Bedfordshire	1	Jeina Mitchell	Surrey	1	Andrea Duke	North Yorkshire
1991	2	Helen Todd	Durham	2	Angie Foster	Northumberland	2	Paula Radcliffe	Bedfordshire
1991	3	Linda McDougall	Kent	3	Liz Talbot	Bedfordshire	3	Kerry Mackay	Hertfordshire
1992	1	Donna Riddler	North Yorkshire	1	Sharon Murphy	Middlesex	1	Paula Radcliffe	Bedfordshire
1992	2	Louise Ireland	North Yorkshire	2	Julie MacKay	Hertfordshire	2	Charlotte Mayock	South Yorkshire
1992	3	Jade Himsworth	Lincolnshire	3	Angie Foster	Northumberland	3	Jeina Mitchell	Surrey
1993	1	Justina Heslop	Northumberland	1	Nikki Slater	Oxfordshire	1	Jeina Mitchell	Surrey
1993	2	Caroline Wood	Northumberland	2	Amanda Tremble	Northumberland	2	Julie MacKay	Hertfordshire
1993	3	Claire Duncan	Merseyside	3	Alison Outram	Middlesex	3	Sharon Murphy	Middlesex
1994	1	Jodie Swallow	Essex	1	Dawn Adams	Merseyside	1	Nikki Slater	Oxfordshire
1994	2	Emma Alberts	Durham	2	Caroline McNulty	Avon	2	Sarah Salmon	Cornwall

1994	3	Katie Dennison	Humberside	3	Justina Heslop	Northumberland	3	Claire O'Connor	Gtr. Manchester
1995	1	Nicola Coates	Northumberland	1	Clare Duncan	Merseyside	1	Jane Groves	Cheshire
1995	2	Hatti Dean	Oxfordshire	2	Sonia Thomas	Northumberland	2	Vicky Robinson	Cheshire
1995	3	Claire Campbell	Hertfordshire	3	Gabi Hawson	Channel Islands	3	Anne Connolly	North Yorkshire
1996	1	Carley Wilson	Northumberland	1	Jodie Swallow	Essex	1	Amy Waterlow	Cheshire
1996	2	Emma Ward	Staffordshire	2	Caroline Walsh	Middlesex	2	Victoria Wilkinson	North Yorkshire
1996	3	Nicola Coates	Northumberland	3	Claire Campbell	Hertfordshire	3	Kristy Martin	Staffordshire
1997	1	Catherine Terry	Merseyside	1	Jodie Swallow	Essex	1	Karen Fletcher	Derbyshire
1997	2	Sarah Raven	Essex	2	Claire Campbell	Hertfordshire	2	Melissa Forster	Northumberland
1997	3	Jessica Nugent	Hertfordshire	3	Jenny Mockler	Merseyside	3	Christina Radon	Buckinghamshire
1998	1	Courtney Birch	Merseyside	1	Lisa Samuels	Hertfordshire	1	Caroline Walsh	Middlesex
1998	2	Zoe Jelbert	Cornwall	2	Nicola Coates	Northumberland	2	Amber Gascoigne	Somerset
1998	3	Helen Lee	Middlesex	3	Hatti Dean	Oxfordshire	3	Louise Kelly	Cumbria
1999	1	Courtney Birch	Somerset	1	Jessica Nugent	Hertfordshire	1	Hatti Dean	Oxfordshire
1999	2	Charlotte Wickham	Northumberland	2	Louise Damen	Hampshire	2	Emma Ward	Staffordshire
1999	3	Katrina Wootton	Bedfordshire	3	Lisa Dobriskey	Kent	3	Lisa Samuels	Hertfordshire
2000	1	Katrina Wootton	Bedfordshire & Lut	1	Courtney Birch	Somerset	1	Ellie Tricket	Suffolk
2000	2	Emma Hunt	Buckinghamshire	2	Charlotte Wickham	Northumberland	2	Sarah Mullins	Essex
2000	3	Dani Barnes	Devon	3	Faye Fullerton	Essex	3	Juliet Potter	Nottinghamshire
2002	1	Emily Pidgeon	Gloucestershire	1	Rachael Nathan	Lincolnshire	1	Sally Oldfield	Northamptonshire
2002	2	Charlotte Browning	Sussex	2	Dani Barnes	Devon	2	Charlotte Moore	Dorset
2002	3	Stacey Preston	Hampshire	3	Suzanne Boyes	North Yorkshire	3	Bryony Frost	Hampshire
2003	1	Emily Pidgeon	Gloucestershire	1	Nicola Sykes	Bedfordshire & Lut	1	Dani Barnes	Devon
2003	2	Danielle Walker	Staffordshire	2	Jo Harper	Staffordshire	2	Charlotte Moore	Dorset
2003	3	Laura Dowsing	Suffolk	3	Megan Foley	Essex	3	Laura Kenney	West Midlands
2004	1	Joanne Harvey	Devon	1	Emily Pidgeon	Gloucestershire	1	Abby Westley	South Yorkshire
2004	2	Rachel Pounds	Gtr. Manchester	2	Stephanie Barnes	Avon	2	Danielle Tatum	Essex
2004	3	Sarah Hopkinson	Gloucestershire	3	Megan Foley	Essex	3	Vicky Callaway	Staffordshire
2005	1	Charlotte Purdue	Hampshire	1	Emily Pidgeon	Gloucestershire	1	Danielle Sale	Essex
2005	2	Jessica Hicks	Cornwall	2	Danielle Walker	Staffordshire	2	Danielle Christmas	Surrey
2005	3	Laura Condron	Essex	3	Tamara Astor	Berkshire	3	Nicola Sykes	Bedfordshire & Lut
2006	1	Kate Avery	Durham	1	Rosie Betts	Norfolk	1	Emily Pidgeon	Gloucestershire
2006	2	Katie Holt	Staffordshire	2	Sarah Hopkinson	Gloucestershire	2	Ellie Sprake	Suffolk
2006	3	Camilla Freeman	Sussex	3	Jessica Coulson	Gtr. Manchester	3	Stephanie Barnes	Avon
2007	1	Katie Holt	Staffordshire	1	Laura Park	Cumbria	1	Heather Timmins	Cheshire
2007	2	Emelia Gorecka	Surrey	2	Kate Avery	Durham	2	Kirsty Hamilton	Devon
2007	3	Camilla Freeman	Sussex	3	Nicole Roberts	Northamptonshire	3	Natasha Peters	Bedfordshire & Lut
2008	1	Emelia Gorecka	Surrey	1	Laura Park	Cumbria	1	Joanne Harvey	Devon
2008	2	Ruth Haynes	Surrey	2	Louise Small	Hampshire	2	Charlotte Purdue	Hampshire
2008	3	Johanna Spannagl	Sussex	3	Rebecca Craigie	Cheshire	3	Heather Timmins	Cheshire
2009	1	Jessica Judd	Essex	1	Emelia Gorecka	Surrey	1	Loulou Rowlands	Surrey
2009	2	Rebecca Knapton	Hampshire	2	Lauren Proctor	West Yorkshire	2	Hannah Walker	Hertfordshire

2009	3	Alice Wright	Hereford & Worcs	3	Annabel Gummow	Cornwall	3	Louise Webb	Hampshire
2010	1	Emily Smith	Somerset	1	Jessica Judd	Essex	1	Grace Nicholls	Kent
2010	2	Amy Griffiths	Leicestershire & R	2	Emily Wallbank	Bedfordshire & Lut	2	Eleanor Wimshurst	Avon
2010	3	Loren Bleaken	Wiltshire	3	Ruth Haynes	Surrey	3	Katie Holt	Staffordshire
2011	1	Bronwen Owen	North Yorkshire	1	Jessica Judd	Essex	1	Jennifer Walsh	West Yorkshire
2011	2	Katie Shiel-Rankin	Surrey	2	Alice Wright	Hereford & Worcs	2	Iona Lake	Norfolk
2011	3	Becca Croft	Buckinghamshire	3	Abbie Hetherington	Cumbria	3	Charlotte Taylor	Lincolnshire
2012	1	Katie Shiel-Rankin	Surrey	1	Bobby Clay	Kent	1	Emelia Gorecka	Surrey
2012	2	Katie Rowe	Channel Islands	2	Annabel Mason	West Yorkshire	2	Jessica Judd	Essex
2012	3	Sabrina Sinha	Kent	3	Alex Clay	Kent	3	Rebecca Straw	West Midlands
2013	1	Katie Whiteoak	Gtr. Manchester	1	Annabel Mason	West Yorkshire	1	Rebecca Murray	Bedfordshire & Lut
2013	2	Katy-Ann McDonald	Surrey	2	Harriet Knowles-Jones	Gtr. Manchester	2	Victoria Kenny	Avon
2013	3	Lucy Jones	Leicestershire & R	3	Bronwen Owen	North Yorkshire	3	Amy Griffiths	Leicestershire & R
2014	1	Saskia Millard	London	1	Harriet Knowles-Jones	Gtr. Manchester	1	Amy Griffiths	Leicestershire & R
2014	2	Josie Czura	Hampshire	2	Sabrina Sinha	Kent	2	Lydia Turner	Durham
2014	3	Sophie Hamilton	Somerset	3	Rosie Johnson	Merseyside	3	Jessica Gibbon	Berkshire
2015	1	Kathleen Faes	Kent	1	Sabrina Sinha	Kent	1	Abbie Donnelly	Lincolnshire
2015	2	Josie Czura	Hampshire	2	Niamh Brown	Surrey	2	Gemma Holloway	Essex
2015	3	Hannah Seager	Leicestershire & R	3	Holly Page	Kent	3	Daisy D'Santos	Hampshire
2016	1	Emily Williams	Northamptonshire	1	Josie Czura	Hampshire	1	Sabrina Sinha	Kent
2016	2	Olivia Mason	Cumbria	2	Kathleen Faes	Kent	2	Niamh Bridson-Hubbard	Kent
2016	3	Ella McNiven	Merseyside	3	Amelia Quirk	Berkshire	3	Niamh Brown	Surrey
2017	1	Sian Heslop	Cheshire	1	Olivia Mason	Cumbria	1	Khahisa Mhlanga	Essex
2017	2	Bethany Cook	Sussex	2	Claudia Lance Jones	Surrey	2	Jodie Judd	Essex
2017	3	Alex Scrivener	Gloucestershire	3	Charlotte Alexander	Surrey	3	Julia Tomczak	London
2018	1	Beatrice Wood	Wiltshire	1	Ella McNiven	Merseyside	1	Holly Page	Kent
2018	2	Bethany Cook	Sussex	2	Keely Hodgkinson	Gtr. Manchester	2	Kirsty Walker	Berkshire
2018	3	Faye O'Hare	Merseyside	3	Olivia Mason	Cumbria	3	Saskia Millard	London
2019	1	Kiya Dee	Gloucestershire	1	Bethany Cook	Sussex	1	India Pentland	Durham
2019	2	Maisy Luke	Cornwall	2	Beatrice Wood	Wiltshire	2	Georgia Hayes	Berkshire
2019	3	Scarlett Livingstone	Devon	3	Emily Shaw	Dorset	3	Kate O'Neill	Essex
2020	1	Zoe Gilbody	Shropshire	1	Beatrice Wood	Wiltshire	1	Olivia Mason	Cumbria
2020	2	Jess Bailey	Cumbria	2	Kiya Dee	Gloucestershire	2	Molly Canham	Devon
2020	3	Sophie Nicholls	Somerset	3	Bethany Cook	Sussex	3	Charlotte Alexander	Surrey
2022	1	Shaikira King	Leicestershire & R	1	Jess Bailey	Cumbria	1	Louise Hackett	Staffordshire
2022	2	Isla McGowan	Oxfordshire	2	Innes Fitzgerald	Devon	2	Megan Hornung	Avon
2022	3	Isabella Waugh	Derbyshire	3	Sophie Nicholls	Somerset	3	Kaitlyn Sheppard	Gloucestershire
2023	1	Molly Carvell	Merseyside	1	Zoe Gilbody	Shropshire	1	Innes Fitzgerald	Devon
2023	2	Ellarose Whitworth	Lincolnshire	2	Shaikira King	Leicestershire & R	2	Rebecca Flaherty	West Yorkshire
2023	3	Olivia Forrest	Essex	3	Isla McGowan	Oxfordshire	3	Lauren Russell	Middlesex
2024	1	Kitty Scott	Surrey	1	Olivia Forrest	Essex	1	Innes Fitzgerald	Devon
2024	2	Jorjia March	Middlesex	2	Shaikira King	Leicestershire & R	2	Eliza Nicholson	London

2024	3	Poppy Guest	Surrey	3	Katie Pye	Surrey	3	Phoebe Gill	Hertfordshire
2025	1	Gabrielle Pinder	Cleveland	1	Kitty Scott	Surrey	1	Zoe Gilbody	Shropshire
2025	2	Kara Gorman	Buckinghamshire	2	Jasmine Christmas	Cambridgeshire	2	Isla McGowan	Oxfordshire
2025	3	Olivia Lee	Derbyshire	3	Olivia McGhee	Warwickshire	3	Katie Pye	Surrey
2026	1	Mia McGoldrick	North Yorkshire	1	Sonny Allen	London	1	Katie Pye	Surrey
2026	2	Jess Thake	South Yorkshire	2	Beth Lewis	Humberside	2	Ava James	Sussex
2026	3	Sienna Lavine	West Yorkshire	3	Gabrielle Pinder	Cleveland	3	Eleanor Foster	Devon

MOST WINS (5)

EMILY PIDGEON (Gloucestershire) from 2002 to 2006

MOST MEDALS (5)

PAULA RADCLIFFE (Bedfordshire) from 1988 to 1992 including 1 title win

JEINA MITCHELL (Surrey) from 1989 to 1993 including 3 title wins